

# Following the Path of the Priestess

A 2-Weekend Intensive at the inspirational NaMestoy Farm

Your Facilitators: Alchemical High Priestesses  
Bonnie Salamon and Judy Keating



If the word Priestess peaks your imagination or feels familiar on a cellular level, YOU may be carrying the DNA of Priestesses past. Maybe you have been on an internal and external quest for your own truths and universal truths. Maybe you have felt that you have messages that will be meaningful to your community. If this describes you,

***The Path of the Priestess*** is your call to action.

## *Following The Path Of The Priestess Will:*

- *Amplify the 'knowing' that moves inside you and has not yet been released to a waiting world;*
- *Support your personal growth to the extent that you are willing to reach your furthest most desires;*
- *Assist in helping you create a loving community of like-minded women;*
- *Increase your self-confidence and help you expand your abundance in every area of your life: financial; relationships, health, and creativity;*
- *Strengthen your relationship with the natural world and all living beings.*

## *What Is The Path Of The Priestess?*

Priestesses of ancient times performed the sacred rites of religion in the temples. They were responsible for keeping the sacred flame burning, never going out. As time passed, Priestesses became leaders of movements to advance humanity.

Our world today is led by a Patriarchal mindset, and is yearning for a balance of divine feminine and divine masculine, in Sacred Right Relationship. Women trained in the Priestess Process learn how to embody and carry this frequency out into the world to help re-balance human consciousness.

**Priestesses** honor the cycles and seasons of Nature and of Life. They learn from, and work with, the natural rhythms of the earth, sun, moon, and stars. They observe and value the relationships between earth and sky, Nature and humanity.

In families and communities, **Priestesses** bring awareness to the way change affects life by creating time and space to honor Life Passages. They honor and often officiate ceremonies that recognize transitions: birth, puberty, a new job, the loss of a job, marriage, divorce, menopause, elderhood, and death.



**Priestesses** may counsel and support others in times of crisis, transition, healing, and creation. They may assist through their prayers, meditation, deep listening, or simply by being present and witnessing a situation.

**Priestesses** bring the sacred into form by connecting to Divine energy in ALL their creative pursuits, career-related projects, ceremonies, rituals, and celebrations.

Deeply connected to her spirituality from the inside out, a **Priestess** may also be a member of any religion, or have connection to none. She may connect to the Divine in Nature just as well as in any home, church, or synagogue.

## *What Priestess Sisters Say About The Process*

*Going through the Priestess Process with Bonnie allowed me to recognize, greet, heal, love, and embrace parts of myself that sorely needed it. Priestess was a beautiful, safe and very loving process. My life is richer for having gone through this nurturing process to learn more about the Divine Feminine. It also allowed into my life wonderful new friends and tools to help myself in the future. And I especially love the music and divine movement through dance to connect the body mind and soul. ~Tammy Billups*



***The Priestess Process started me on a whole new path in my life and gave me wonderful speed-dial sisters, who are still my support circle. ~Melody LeBaron***

*A benefit I received from being in Priestess Process was that we created (once a month) a sacred space where patriarchy was stripped away, and the feminine was declared as divine as the masculine. In that space we shared deeply, danced, learned new things, and played in other creative ways. ~Sabra Bowers*

*Bonnie led us through the most beautiful year of my life! The relationships with my precious priestess sisters are deep, rich and forever! The deepening of my understanding in the elements has enriched my life in all aspects- relationships, biz, health. I am forever grateful! ~Pam Brooks-Crump*

## Where



### **NaMestoy Farm**

**14 acres in which to roam, enjoy the natural wooded beauty, gaze at the sunset, and literally smell the roses that bloom in abundant glory.**

The outdoor park like setting at NaMestoy Farm is bordered by Brewton Creek, a tributary of the Etowah River. The natural walking trails along the creek were created by Cherokee Indians who lived on the property years ago.

In the lower level of the house there is a meditation room, mirrored gym, 3 person sauna, game room with beverage bar, large screen TV, and pool table, and a walk-out to the covered stone patio. A beautiful kidney shaped swimming pool has been added to the patio area.

Our hostess, Nancy Amestoy, is a warm and welcoming 'sister of the heart' whose generosity makes each visit a unique and special opportunity.

**NaMestoy Farm**  
**7490 Whitmire Road**  
**Cumming, GA 30028**  
**770-205-9358**

#### **Directions**

**(from Atlanta) Take GA 400 N to Highway 369 West (left at light); 6.3 miles to right on Whitmire Road (just past Wallace Tatum Road); 1.4 miles to property on**

## *Your Facilitators*



**Bonnie Salamon** is an author, entrepreneur, life coach, and owner of Autumn's Fire and Sunflower Ceremonies. After 30+ years in the secular world of business, Bonnie explored and connected with her passion: being in spiritual companionship with women in transformation. Bonnie is a facilitator of women's groups through the processes of working with the Elements and by assisting women in finding new paths to their Essence and to the Divine by means of the Priestess Process. She also works one on one with clients.

Bonnie is co-author of F.A.I.T.H.: Finding Answers in the Heart, and is an award winning writer of prose and poetry. She is a Certified Life Cycle Celebrant, creating ceremony for milestone events. She is an author and a life-long learner, wife, mother, and grandmother.



**Judy Keating** is owner of Inner Life Coaching, a life coach and group facilitator, and a co-author of F.A.I.T.H.: Finding Answers in the Heart, Volume II. She is dedicated to assisting you get clear about what you want, who you are and who you want to become. Judy's passion is to offer tools, experiences, new perspectives, and honest feedback so you can really know your heart's desires and act on them. She believes in the divinity

of each person, and that we hold the keys to creating our own lives perfectly for ourselves.

Judy knows coaching works because she has used it and had some great coaches, mentors and teachers along the way. Most importantly, she has learned to coach herself and wants to pass those skills on to you. Her job is to help you listen, get to know and yes, even like the only person you spend your entire life with—you.

# Registration

## PARTICIPANTS LIMITED TO 6

### WHEN

Thursday evening through Sunday afternoon  
February 18 -21, 2016 and March 10-13, 2016

### HOURS

Thursday	7:30 PM (check-in begins at 7:30 PM)
Friday and Saturday	9:30 AM – 9:00 PM
Sunday	9:30 AM – 3:00 PM

### INCLUDES

*Accommodations* - For 3 nights (Thursday, Friday, and Saturday); private or double occupancy accommodations are available for the limited number of attendees.

*Meals* - Friday and Saturday (3) meals and snacks; Sunday breakfast and lunch. Dietary requirements honored.

*Materials* - All workshop materials.

### INVESTMENT (all inclusive)

<b>Register by 2/12/16</b>	\$ 1197.00
Deposit due by 1/15/16	\$ 300.00
Balance due by 2/12/16	\$ 900.00

<b>Register after 2/12/16</b>	\$ 1349.00
due by 2/15/16	

3 month payment plan available; email [bonniesalamon@gmail.com](mailto:bonniesalamon@gmail.com).

### PAYMENT

Make payments to PayPal using email [bonniesalamon@gmail.com](mailto:bonniesalamon@gmail.com).

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